

Deaconess Mask Sewing Tutorial



Construction Option 2 - Zig Zagged Ties

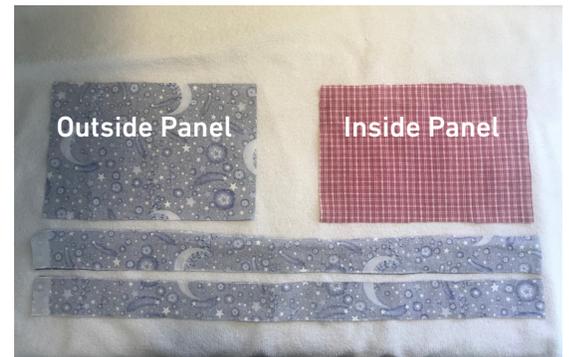
This is a rectangular, pleated mask with fabric ties. Please use new, 100% cotton fabric, tightly woven – quilting cotton is ideal. Pre-wash it (twice if you can) on hot and dry it thoroughly before you sew.

We need to protect our volunteers and the people receiving these masks. Before sewing, please:

- Wash your hands thoroughly, repeat after doing anything that takes you away from your machine.
- Wipe down your machine and your iron with rubbing alcohol or other disinfectant before beginning.
- Sew a practice mask for yourself, and use this while sewing the masks to donate.
- Never try a mask you intend to donate on your own face, your child's face, or a pet. These need to remain as sanitary as possible.
- As you complete masks, it's preferable to keep them grouped in a sealed ziplock bag (but any receptacle will do.) Please label them as the Deaconess Pattern and include your name.

Cut Fabric

- Cut 2 (two) panels of pre-shrunk, 100% cotton fabric into:
 - 9" x 7" rectangles (size small)
 - 10" x 8" (size medium)
- Cut 2 (two) pieces of fabric into 1.5" x 45" strips for your ties (standard width of quilting cotton, preserve the selvedge (bound edge)).



Sew Panels Together, Turn and Topstitch

- Place right sides of panels together. Using a 1/4" seam allowance, stitch around all sides leaving a 2" opening for turning. Clip your corners, then turn right side out. Press.



Clipped corners before turning



Flip right side out- poke out corners



Press

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Pleats

- Iron in three, downward pointing pleats leaving 3/8" seam allowance at the top and bottom.
- Height of the mask (both sizes) should be about 3.5".



Pleats pressed

Prepare Your Ties and Attach to Mask

- Fold your ties in half the long way, press, then open.
- Fold the edges in to the center line, press.
- Center and pin your ties along the front panel on the top and bottom edges.
- Using a zig zag stitch, attach the ties to the top and bottom of the mask, backstitching securely at the beginning and end. Continue to zig zag the full length of the tie closed. Your ties will be about 3/8" wide.



Fold ties in half the long way. Press, then open.



Fold edges of ties in to the center press line



Tie is now enclosed, press.



Pin ties to top and bottom



Use a zig zag stitch to attach to mask

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Topstitch Pleats

- Pin your pleats closed.
- Topstitch pleats down securely.



Pinned pleats



Topstitch pleats.

Completed Mask Images

